

Art to EatMunchy Math**Nutritious Nibbles**Funny Fruit Faces**

LIFELONG LEARNING

- Initiates own learning—Uses appropriate strategies to identify and meet needs and goals.
- Achieves high standards of literacy—Applies knowledge and information to new situations.
- Demonstrates aesthetic awareness—Engages in aesthetic activities for enjoyment and personal growth.

COMPLEX THINKING

- Uses a variety of thinking processes.
- Integrates new information with existing knowledge and experience.
- Applies thinking skills strategically

VISUAL ARTS CORE

All Levels:

- Experiment with a variety of art materials as possible ways to express ideas, feelings, experiences, and stories.
- Clean and put back to order art-making areas after projects
- Apply the elements and principles in the creation of artworks

Kindergarten and First

- Use the five senses as a means of discovery in making art.
- Create a work of art with simple objects grouped by color similarities.
- Draw a work of art with objects that have dissimilar textures
- Connect parts to a whole while using 3-D materials.
- Draw a variety of facial moods and expressions by varying the placement of the features

Second

- Include new or novel art materials in the creation of artworks
- Investigate possible meanings or interpretation in a work of art.
- Identify how artists and student artists have expressed feelings or mood through the use of line, repetition, value, color, or shape.
- Describe how particular colors, shapes, textures, or repetitions in art help convey a story

Third

- Use a visual arts form as a help in expressing an idea in a nonart subject; e.g., a science project, the writing of a poem, a social studies project.
- Analyze, reflect on and apply the structures of art.

MATH CORE

- Construct models of numbers to 10 with physical objects or manipulatives
- Develop strategies for one-to-one correspondence and keeping track of quantities.
- Compare two sets of objects to determine whether they have the same, fewer, or more elements.
- Record pictorially the results from the joining or separating of sets
- Sort objects into groups by color, shape, size, number, or other attributes.
- Identify which attribute was used to sort objects into a group.
- Find multiple ways to sort and classify a group of objects.
 - Identify circles, triangles, rectangles, and squares.
 - Combine shapes to create two-dimensional objects.
 - Draw circles, triangles, rectangles, and squares.
 - Recognize circles, triangles, rectangles, and squares in the students' environment
 - Use whole numbers
 - Understand number relationships using fractions
 - Describe simple spatial relationships.

SCIENCE AND HEALTH EDUCATION CORE

- Identify the five senses and communicate the kind of information that each sense provides
- Make representations of things observed in the environment
- Describe the benefits of eating a variety of nutritious foods
- Sort and sequence data according to a given criterion
- Compare personal eating habits with a balanced diet
- Determine a balanced diet based on the Food Guide Pyramid
- Define the functions of basic nutrient groups.

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Vocabulary to inspire Creative Nutrition

Art terms

Abstract
Balance
Color
Collage
Contrast
Cool
Creative
Decorate
Dimension
Emotions
Environment
Line
Mood
Senses
Shape
Texture
Warm

Math terms

Add
Circle
Cylinder
Fourth
Fraction
Group
Half
Line
Numbers, 1-10
Oval
Rectangle
Sequence
Set
Square
Subtract
Third
Triangle
Whole

Health/Science

Balance
Carbohydrate
Dairy (cheese, yogurt)
Fats, oils
Flavor
Food Choices
Food pyramid
Fruits (and names of fruits)
Grains
Nuts (and names of nuts)
Protein
Smell
Taste
Variety
Vegetables (and names of vegetables)

Suggestions

Your canvas is the plate, and/or something on the plate, such as a graham cracker spread with a thin layer of peanut butter, or a half bagel spread with cream cheese. Your assignment is to make a work of art that incorporates one of these suggestions:

Express the number nine.

Create a funny fruit face.

Create a snack with ten different shapes. Name them.

Make a Food Guide Pyramid snack (use every category?).

Express a mathematical function such as, $5-3 = 2$.

Use fractions to make an abstract art snack. Write the values of your fractions and add them up,
e.g. $\frac{3}{4}$ graham cracker + $\frac{1}{4}$ orange + 2 grapes = 3.

Make a “green” snack, i.e. use only green toppings for your “canvas”. Try a green food or food combination you’ve never eaten before.

Choose an emotion to express in a fruit face.

How many “threes” can you get on your canvas?

Use a repeating pattern on your snack canvas.

Make a nut face snack.

Write your own challenge card.